

Dear Fighting Eagle:

I hope this letter finds you doing well and enjoying your summer. The time goes fast, so make the most of it. Our turnout for the conditioning program has been AWESOME. Great Job!!!

On **August 3**, we will start FOOTBALL!! I know that you are as excited as the coaches are.

The following is a tentative schedule for our first week of FOOTBALL.

Monday, August 3

7:30 am All players will report to pick up equipment.

8:00 am All players will meet in the locker room.

8:00 am – ? am workout.

Tuesday, August 4

Time will be announced.

Wednesday, August 5

Time will be announced.

Thursday, August 6

Time will be announced.

Friday, August 7 (first day of pads).

7:30 am - 10:30 am Pictures and workout for all players.

6:30 pm Inter squad for the Junior Varsity.

7:15 pm Inter squad for the Varsity.

Following the Varsity inter squad, we will have our Kick - Off Supper and introductions of players.

Saturday, August 8

8:00 am - 9:00 am JV will watch film and workout.

9:15 am - 10:30 am Varsity will watch film and workout.

When you report Monday (**August 3**), there are some things you must have done in order to workout:

1. You must be in compliance with the school dress code (hair cut and face shaved).
2. You must have your **physical**. You will not be able to practice until these things are taken care of. Please do it now!!!!

In closing, you have to pay the price to be the best. There is no substitute for hard work, enthusiasm, and discipline.

This is going to be FUN!!!!!!

Hero for Life,
Coach Terry Wolf